

## IOWA SCHOOL-AGE CARE - HEALTH STATUS - PARENT STATEMENT

**Parent/Guardian please complete pages 1 and 2.**

Child's name	Child's birthdate	Name of school
		Grade _____ School Telephone # _____
Parent #1 name		Parent #2 name
Child home address #1		Telephone # 1
Child home address #2		Telephone # 2
Where parent #1 works	Work address	Telephone # Work # Pager # Cellular # Home email Work email
Where parent #2 works	Work address	Telephone # Work # Pager # Cellular # Home email Work email
<p>In the event of an emergency, the child care provider is authorized to obtain <b>EMERGENCY MEDICAL</b> or <b>DENTAL CARE</b> even if the child care center is unable to immediately make contact with the parents/guardian. <input type="checkbox"/> YES <input type="checkbox"/> NO</p> <p>During an emergency the child care provider is authorized to contact the following person when parent or guardian can not be reached.</p> <p>Parent/Guardian Signature: _____ Date _____</p> <p>Alternate emergency contact person's name: _____ Relationship to child: _____ Phone number: _____</p>		
Child's doctor's name	Doctor telephone #1	Hospital of choice
Doctor's address	After hours telephone #	Does your child have health insurance? <input type="checkbox"/> YES <input type="checkbox"/> NO Company _____ ID# _____
Child's dentist's name	Dentist telephone #1	Does your child have dental insurance? <input type="checkbox"/> YES <input type="checkbox"/> NO Company _____ ID# _____
Dentist's address	After hours telephone #	<input type="checkbox"/> <b>Please help us find health or dental insurance.</b>  Call: 800-257-8563
Other medical or dental specialist name	Telephone #	Specialist address:
<b>Type of specialty</b> Mental Health care specialist	Telephone #	Specialist address:

Child Name:

## IOWA SCHOOL-AGE CARE - HEALTH STATUS - PARENT STATEMENT

**Parent/Guardian complete this page**

**Child name:** \_\_\_\_\_

Please use a **X** in the box  to statements that apply to your child.

Date of child's last physical exam: \_\_\_\_\_

Date of last dental appointment: \_\_\_\_\_

**Growth**

I am concerned about child's growth.

**Appetite**

I am concerned about child's eating habits.

**Rest - My child**

needs to rest after school.

**Illness/Surgery/Injury - My child**

Had a serious illness, surgery, or injury.

Please describe:

**Physical Activity - My child**

Must restrict physical activity or needs special equipment to be active. Please describe:

**Play with friends - My child**

- Plays well in groups with other children.
- Will play only with one or two other children.
- Prefers to play alone.
- Fights with other children.
- I am concerned about my child's play activity with other children.

**School and Learning - My child**

- Is doing well at school.
- Is having difficulty in some classes.
- Does not want to go to school.
- Frequently misses or is late for school.
- I am concerned about how my child is doing in school. Please describe:

**Allergy - My child has allergies** (list all allergies: food, medicine, fabric, inhalants, insects, animals, etc.):

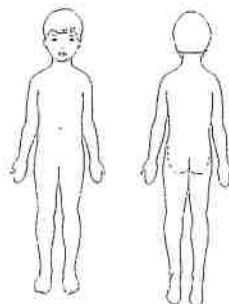
Child has Epipen, inhaler, or other emergency medication.

Yes  No

**Body Health - My child has problems with**

Skin, hair, fingernails or toenails.

Describe skin marks, birthmarks, or scars. Show us where these skin marks are located using the drawing below.



- Eyes/vision, glasses or contact lenses
- Ears/hearing, hearing assistive aides or device, earache, tubes in ears
- Nose problems, nosebleeds
- Mouth, teeth, gums, tongue, sores in mouth or on lips, breaths through mouth
- Frequent sore throats or tonsillitis
- Breathing problems, asthma, cough
- Heart problems or heart murmur
- Stomach aches or upset stomach
- Trouble using toilet or wetting accidents
- Hard stools, constipation, diarrhea, watery stools
- Bones, muscles, movement, pain when moving
- Mobility, child uses assistive equipment

Please describe

- Nervous system, headaches, seizures, or nervous habits (like twitches or tics)
- Females – difficult monthly periods
- Other special needs. Please describe:

**Medication<sup>1</sup> - My child takes medication.**

Medication Name	Time Given	Reason for giving medication

Note to parents: **Certificate of Immunization**

School-owned and operated child care programs located on school property may file/store your child's Certificate of Immunization in the school office or in the school nurse's office. All other school-age child care programs must keep the Certificate of Immunization on-site at the child care facility.

**Parent Signature:**  
(required)

**Date:**

<sup>1</sup> Parents: Please review the child care program's policies about the use of medication at child care.

# Iowa Department of Public Health Certificate of Immunization

Name Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Parent/Guardian: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_  
 I certify that the above named applicant has a record of age-appropriate immunizations that meet the requirement for licensed child care or school enrollment.  
 Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician, Physician Assistant, Nurse, or Certified Medical Assistant

A representative of the local Board of Health or Iowa Department of Public Health may review this certificate for survey purposes.

Vaccine	Date Given	Doctor / Clinic / Source	Vaccine	Date Given	Doctor / Clinic / Source
Diphtheria, Tetanus, Pertussis <i>DTaP/DT/DTi/Td/Tdap</i>			Meningococcal <i>MCV4/MPSV4</i>		
Polio <i>IPV/OPV</i>			Hepatitis A		
Measles, Mumps, Rubella <i>MMR</i>			Rotavirus		
Haemophilus influenzae type b <i>Hib</i>			Human Papilloma Virus <i>HPV</i>		
Hepatitis B			Other		

Licensed Child Care Requirements	Elementary/Secondary School Requirements
4 through 5 months 1 dose Diphtheria/Tetanus/Pertussis 1 dose Polio 1 dose Hib 1 dose Pneumococcal 6 through 11 months 2 doses Diphtheria/Tetanus/Pertussis 2 doses Polio 2 doses Hib 2 doses Pneumococcal 12 through 18 months 3 doses Diphtheria/Tetanus/Pertussis 2 doses Polio 2 doses Hib 3 doses Pneumococcal 19 through 23 months 4 doses Diphtheria/Tetanus/Pertussis 3 doses Polio 3 doses Hib with the final dose in the series $\geq 12$ months of age, or 1 dose received $\geq 15$ months of age. 1 dose Measles/Rubella $\geq 12$ months of age. 1 dose Varicella $\geq 12$ months of age if born on or after September 15, 1997, or a reliable history of natural disease. 4 doses Pneumococcal, or 3 doses if received 1 or 2 doses $< 12$ months of age, or 2 doses if received 1 dose $\geq 12$ months of age and/or has not received this vaccine before. 24 months and older Same requirements as the 19-23 months except 4 doses Pneumococcal if received 3 doses $< 12$ months of age, or 3 doses if received 2 doses $< 12$ months of age, or 2 doses if received 1 dose $< 12$ months of age or received 1 dose between 12 and 23 months of age; or 1 dose if no doses had been received prior to 24 months of age.	4 years of age and older 5 doses Diphtheria/Tetanus/Pertussis with at least 1 dose received $\geq 4$ years of age if born on or after September 15, 2003; or 4 doses, with 1 dose received $\geq 4$ years of age if born before September 15, 2000, but before September 15, 2003; or 3 doses, with 1 dose received $\geq 4$ years of age if born on or before September 15, 2000. 4 doses Polio with 1 dose received $\geq 4$ years of age if born on or after September 15, 2003; or 3 doses, with 1 dose received $\geq 4$ years of age if born on or before September 15, 2000. 2 doses Measles/Rubella: the first dose shall have been received $\geq 12$ months of age; the second dose shall have been received $\geq 28$ days after the first. 3 doses Hepatitis B if born on or after July 1, 1994. 2 doses Varicella $\geq 12$ months of age if born on or after September 15, 2003; or 1 dose received $\geq 12$ months of age if born on or after September 15, 1997, but before September 15, 2003, unless the applicant has a reliable history of natural disease.

# Infant, Toddler, Preschool Age – Child Health Form

## PARENTS/GUARDIAN (Complete pages 1 and 2 – Child Information)

Child's name		Child's birthdate	Child Care Facility: _____
			Telephone #: _____
Parent/Guardian name #1		Parent/Guardian name #2	
Child home address #1		Telephone # 1	
Child home address #2		Telephone #2	
Where parent/Guardian # 1 works	Work address	Home phone # Work # Cellular # Home email Work email	
Where parent/Guardian # 2 works	Work address	Home phone # Work # Cellular # Home email Work email	
<p><b>In the event of an emergency, the child care provider is authorized to obtain EMERGENCY MEDICAL or DENTAL CARE even if the child care facility is unable to immediately make contact with the parent/guardian. <input type="checkbox"/> YES <input type="checkbox"/> NO</b></p> <p><b>During an emergency the child care provider is authorized to contact the following person when parent or guardian cannot be reached.</b></p> <p>Parent/Guardian signature: _____ Date: _____</p> <p><b>Alternate emergency contact person's name:</b> _____ Phone #: _____</p> <p><b>Relationship to child:</b> _____ Cellular #: _____</p>			
Child's doctor's name	Doctor telephone # 1	Hospital choice: _____	
		Phone #: _____	
Doctor's address	After hours telephone #	Does child have health insurance? <input type="checkbox"/> Yes, Company: _____	
		ID #: _____	
Child's dentist's name (or family's dentist name)	Dentist telephone # 1	Does child have dental insurance? <input type="checkbox"/> Yes, Company: _____	
		ID #: _____	
Dentist's address	After hours telephone #	<input type="checkbox"/> <b>NO, we do not have health insurance.</b> <input type="checkbox"/> <b>NO, we do not have dental insurance.</b>	
Other health care specialist name	Telephone #	<input type="checkbox"/> <b>Please help us find health or dental insurance.</b>	
Type of specialty			

Child Name: \_\_\_\_\_

**Infant, Toddler, Preschool Age – Child Health Form**

**PARENTS/GUARDIAN** Complete this page.

Child's name: \_\_\_\_\_

Tell us about your child's health. Place an **X** in the box  if the sentence applies to your child. Check *all* that apply to your child. This will help your health care provider plan your child's physical exam.

- Growth.** I am concerned about my child's growth.
- Appetite.** I am concerned about my child's eating/ feeding habits or appetite.
- Rest.** I am concerned about the amount of sleep my child needs.
- Illness/Surgery/Injury.** My child had a serious illness, injury or surgery.

Please describe:

- Physical Activity.** My child must restrict physical activity.

Please describe:

- Development and Learning.** I am concerned about my child's behavior, development or learning.

Please describe:

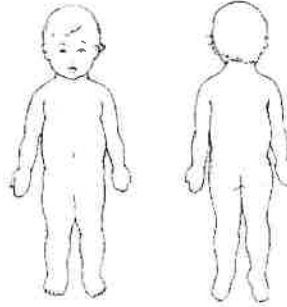
- Allergies.** My child has allergies. (Medicine, food, dust, mold, pollen, insects, animals, etc.)

Please describe:

- Special Needs Care Plan.** My child has a special needs care plan. (IEP, IFSP, Asthma Action Plan, Food Allergy Action Plan, etc.)  
**Please discuss with your health care provider.**

- Body Health.** My child has problems with skin, birthmarks, Mongolian spots, hair, fingernails or toenails.

Map and describe color/shape of skin markings, birthmarks, scars, moles



- Eyes\vision, glasses
- Ears\hearing, hearing aids or device, earaches, tubes in ears
- Nose problems, nosebleeds, runny nose
- Mouth, teething, gums, tongue, sores in mouth or on lips, mouth-breathing, snoring
- Frequent sore throats or tonsillitis
- Breathing problems, asthma, cough, croup
- Heart, heart murmur
- Stomach aches, upset stomach, spitting-up
- Using toilet, toilet training, urinating
- Bones, muscles, movement, pain when moving, uses assistive equipment
- Nervous system, headaches, seizures or nervous habits (like twitches)
- Needs special equipment

List equipment:

- Medication.** My child takes medication. (List the name of medication, time medication taken, and the reason medication prescribed.)

Parent/Guardian questions or comments for the health care provider:

Iowa Child Care Infant, Toddler, Preschool Age – Child Health Exam Form

HEALTH PROFESSIONAL COMPLETE THIS PAGE<sup>1</sup>

Child's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age today: \_\_\_\_\_

Date of Exam: \_\_\_\_\_

Height/Length: \_\_\_\_\_

Weight: \_\_\_\_\_

Head Circumference—for children age 2 yr and under: \_\_\_\_\_

Blood Pressure—start @ age 3 yr: \_\_\_\_\_

Hgb or Hct—anytime between 6-9 mo: \_\_\_\_\_

Blood Lead Level—start @ 12 mo: \_\_\_\_\_

**Sensory Screening:**

Vision: Right eye \_\_\_\_\_ Left eye \_\_\_\_\_

Hearing: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

Tympanometry (may attach results)

**Developmental Screening<sup>2</sup>:**

Developmental screening results: \_\_\_\_\_

Autism screening results: \_\_\_\_\_

Psychosocial/behavioral results \_\_\_\_\_

Developmental Referral Made Today:  Yes  No

**Exam Results:** (*n* = normal limits) otherwise describe

HEENT

Oral/Teeth

Oral Health/Dental Referral Made Today:  Yes  No

Heart

Lungs

Stomach/Abdomen

Genitalia

Extremities, Joints, Muscles, Spine

Skin, Lymph Nodes

Neurological

Space is available on back page for detailed comments or instructions pertaining to enrollment at child care or preschool.

<sup>1</sup> Iowa Child Care Regulations require an admission physical exam report within the previous year. Annually thereafter, a statement of health condition signed by an approved health care provider. The American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (RE9939, March 2000) [www.aap.org](http://www.aap.org)

<sup>2</sup> Developmental screening procedures were expanded to include autism, developmental surveillance, and psychosocial/behavioral screening July 2009 by the Iowa EPSDT Medicaid program. Toll-free 800-383-3826.

**Allergies**

Environmental:
Medication:
Food:
Insects:
Other:

**Immunization:** May attach a copy of Iowa Department of Public Health Immunization Certificate

DtaP/DTP/Td	MMR
Hepatitis B	Pneumococcal
HIB	Varicella
Polio	Other
Influenza	
TB testing (only for high-risk child)	

**Medication:** Health professional authorizes the child may receive the following medications while at child care or preschool: (include over-the-counter and prescribed)

Medication Name	Dosage
<input type="checkbox"/> Cough medication	
<input type="checkbox"/> Diaper crème:	
<input type="checkbox"/> Fever or Pain reliever:	
<input type="checkbox"/> Sunscreen:	
<input type="checkbox"/> Other	

Other Medication should be listed with written instructions for use in child care.

**Referrals made:**

Referred to **hawk-i** today 1-800-257-8563

Other: \_\_\_\_\_

**Health Provider Assessment Statement:**

- The child may participate in developmentally appropriate child care/preschool with **NO** health-related restrictions.
- The child may participate in developmentally appropriate child care/preschool **with the following restrictions:**

May use stamp

Signature \_\_\_\_\_

Circle the Provider Credential Type: MD DO PA ARNP

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Health Care Provider comments or instructions:

Child's name: \_\_\_\_\_

Iowa Health Care Provider -- Guide to Iowa Recommendations for Preventive Pediatric Health Care<sup>3</sup>

Health Provider's Guide	AGE <sup>4</sup>											
	1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	2 yr	3 yr	4 yr	5 yr
History: Initial and Interval	●	●	●	●	●	●	●	●	●	●	●	●
Physical Exam	●	●	●	●	●	●	●	●	●	●	●	●
Measurement: Height/ Weight	●	●	●	●	●	●	●	●	●	●	●	●
Head Circumference	●	●	●	●	●	●	●	●	●			
Blood Pressure											●	●
Nutrition Assess/Educate	●	●	●	●	●	●	●	●	●	●	●	●
Oral Health Assessment <sup>5</sup>	●	●	●	●	●	●	●	●	●	●	●	●
Development and Behavioral Assessment	●	●	●	●	●	●	●	●	●	●	●	●
Developmental Screening					●			●		●		
Autism Screening								●	●			
Developmental Surveillance	●	●	●	●	●	●	●	●	●	●	●	●
Psychosocial/behavioral Assessment	●	●	●	●	●	●	●	●	●	●	●	●
Sensory Screen: Vision	S	S	S	S	S	S	S	S	S	O	O	O
Hearing <sup>6</sup>	S	S	S	S	S	S	S	S	S	S	O	O
Immunizations: per Iowa schedule <sup>7</sup>	●	●	●	●	●	●	●	●	●	●	●	●
Lab: Hemaglobinopathy/Metabolic Screen	● <sup>8</sup>											
Hematocrit or Hemoglobin					● →		◆ →					
Urinalysis												●
Lead Test						●		◆	● <sup>9</sup>	◆	◆	◆
Cholesterol Screen									◆			→
TB test <sup>10</sup>							◆					→
Family Guidance: Injury Prevention	●	●	●	●	●	●	●	●	●	●	●	●
Child Car Seat Counseling	●	●	●	●	●	●	●	●	●	●	●	●
Tricycle Helmet Counseling									●	●	●	●
Sleep Position Counseling	●	●	●	●	●	●						
Nutrition & Physical Activity Counseling	●	●	●	●	●	●	●	●	●	●	●	●
Violence Prevention	●	●	●	●	●	●	●	●	●	●	●	●
Child Development Guidance	●	●	●	●	●	●	●	●	●	●	●	●

Key: ● = to be performed  
 ◆ = to be performed for high-risk children  
 → = Range in which the task may be completed  
 S = Subjective, by history  
 O = Objective, by standard testing

<sup>3</sup> The periodicity schedule was revised July 2009 by the Iowa Medicaid EPSDT program. [http://www.idph.state.ia.us/hpcdp/epsdt\\_care\\_for\\_kids.asp](http://www.idph.state.ia.us/hpcdp/epsdt_care_for_kids.asp)

<sup>4</sup> If a child comes under care for the first time at any point on the schedule, or if any items are not accomplished at the suggested age, the schedule should be brought up to date at the earliest possible time.

<sup>5</sup> Oral Health Assessment consists of dental history; recent concerns, pain or injury; visual inspection of hard and soft tissues of oral cavity; and dental referral based on risk assessment. [http://www.idph.state.ia.us/hpcdp/oral\\_health.asp](http://www.idph.state.ia.us/hpcdp/oral_health.asp) or toll-free: 866-528-4020.

<sup>6</sup> Infants born in Iowa should have record of results from newborn hearing screening. <http://www.idph.state.ia.us/iaehdi/default.asp> or toll-free 800-383-3826.

<sup>7</sup> Iowa Immunization program 1-800-831-6293.

<sup>8</sup> All newborns should receive metabolic screening during neonatal period. [www.idph.state.ia.us/genetics](http://www.idph.state.ia.us/genetics)

<sup>9</sup> Lead testing should be done at 12 & 24 months. Testing may be done at additional times for children determined at risk.

Lead program 1-800-972-2026.

<sup>10</sup> TB testing for only at-risk children, Iowa TB program 1-800-383-3826.